



ISPAAE 2025

Nagpur

9th Biennial Meeting of
**Indian Society for Pediatric and
Adolescent Endocrinology (ISPAAE)**
14th to 16th November 2025 | Radisson Blu Hotel, Nagpur



PROGRAMME SCHEDULE

ispae2025@gmail.com
www.ispae2025.com

CLICK TO REGISTER

Day 1 - 14th November 2025

TIME	TOPIC	SPEAKER
01:45 pm - 03:45 pm	Workshop 1: Bone age and Growth Prediction models Workshop 2: Diabetes technology workshop Workshop 3: DEXA and bone	Dr. Vaman Khadilkar Dr. Rahul Jahagirdar Dr. Ruma Deshpande Dr. Shruti Mondkar Dr. Saurabh Uppal Dr. Ganesh Jevalikar Dr. Rakesh Kumar Dr. Tushar Godbole Dr. Raja Padidela Dr. Anuradha Khadilkar Dr. Chirantap Oza Dr. Prashant Patil
03:45 pm - 04.00 pm	Tea Break	
04:00 pm - 04:30 pm 04.30 pm - 05.00 pm	Chairperson: Dr. PSN Menon & Dr. Anurag Bajpai Pharmacological management of long term complication in Diabetes Newer therapeutics in management of hypoglycemia <i>(Sponsored by Samarth Life Sciences)</i>	Prof. Valerie Schwitzgebel Dr. Prateek Shah
05.00 pm - 05.10 pm 05.10 pm - 05.20 pm 05.20 pm - 05:30 pm 05.30 pm - 05.40 pm 05.40 pm - 05.50 pm	Year In Review Recombinant IGF-1 therapy Newer therapeutic agents in CAH Liothyronine T3 in thyroid disorders Inhibin B in DSD Co-peptin in Diabetes Insipidus	Dr. Smitha Ramchandran Dr. Preeti Singh Dr. Zalak Upadhyay Dr. Supriya Gupte Dr. Ankita Maheshwari
06:00 pm - 06:45 pm	ISPAE working group-Diabetes ISPAE working group-Hypoglycemia ISPAE working group-Adrenal gland / Pheochromocytoma	Dr. Bhanu Bhakhri Dr. Ravindra Kumar Dr. Chetan Dave Dr. Riddhi Patel Dr. Varuna Vyas Dr. Saurabh Uppal Dr. Jaivinder Yadav Dr. Vijay Jaiswal Dr. Sudha Rao Dr. Ashish Sethi Dr. Neha Agarwal Dr. Nalini Shah Dr. Vijaya Sarathi Dr. Manjiri Karlekar Dr. Hemchand Prasad Dr. Aayush Gupta
06:45 pm - 08:00 pm	ISPAE 2025 Inaugural Function	
08.30 pm	Dinner & Cultural Programme	

Day 2 - 15th November 2025

TIME	TOPIC	SPEAKER
08:00 am - 09:00 am	Poster Presentation Organizers - Dr. Nikhil Lohiya and Dr. Anshika Singh	
09:00 am - 09 30 am 09:30 am - 10:00 am	Chairpersons: Dr. Ahila Ayyavoo & Dr. Ravindrakumar Long acting Growth Hormone in non GHD indications Hormone Replacement Therapy in hypogonadotrophic hypogonadism - current concepts	Dr. Paul Hofman Dr. Margaret Zacharin
10:00 am - 11:00 am	Young Investigator Award Moderator - Dr. Shruti Mondkar Judges: Dr. Paul Hofman, Dr. Ahila Ayyavoo, Dr. Olaf Hiort	
11:00 am - 11:20 am	Tea Break	
11:20 pm - 11:45 pm 11:45 pm - 12:10 pm 12:10 pm - 12:35 pm	Chairpersons: Dr. Rajesh Joshi, Dr. Kartheek Nalluri Interpretation of HPG axis in first 6 months - When and How? Long term outcome in terms of sexual orientation and gender dysphoria in DSD Burosumab use- practical experience	Dr. Gabby Atlas Dr. Olaf Hiort Dr. Raja Padidela
12:35 pm - 01:00 pm	Debate - Utility of nuclear scintigraphy in pediatric thyroid disorders - Is it still applicable?	For: Dr. Aashima Dabas Against: Dr. Leena Priyambada Moderator: Dr. Saurabh Vitalkar
01:00 pm - 01:30 pm	Lunch	
01:30 pm - 02:00 pm 02:00 pm - 02:30 pm 02:30 pm - 03:00 pm 03:00 pm - 03:30 pm	Chairpersons: Dr. Shaila Bhattacharyya & Dr. Abhishek Kulkarni Advances in the management of Achondroplasia Long term endocrine consequences of childhood cancer survivors Chairpersons: Dr. Preeti Dhabadghao & Dr. Richa Arora Growth Hormone Treatment in childhood cancer survivors Long term outcome of Growth Hormone therapy in India <i>(Sponsored by Novo Nordisk)</i>	Dr. Paul Hofman Dr. M Zacharin Dr. Reiko Horikawa Dr. Vaman Khadilkar
03:30 pm - 04:00 pm	Debate: Late presentation of Turner syndrome - Growth Hormone first or combined GH and Estrogen <i>(Sponsored by Sun Pharma)</i>	Dr. Rakesh Kumar Vs Dr. Hemchand K Prasad Moderator: Dr. Ganesh Jevalikar
04:00 pm - 04:10 pm	Tea Break	

Day 2 - 15th November 2025

TIME	TOPIC	SPEAKER
04:10 pm - 04:40 pm 04:40 pm - 05:10 pm	Chairpersons: Dr. Vaman Khadilkar & Dr. M. Vijayakumar Plenary: Technology and pediatric endocrinology-a twin conception? Plenary: Evolution of Type 1 diabetes management in India	Dr. Anurag Bajpai Dr. Anju Virmani
05:10 pm - 05:30 pm 05:30 pm - 05:50 pm 05:50 pm - 06:10 pm	Chairpersons: Dr. PSN Menon & Dr. Riaz I Frequent Childhood fractures:Red Flags for the Clinicians Making a Good Thing Better: Expanding Access and Applicability of Automated Insulin Delivery Systems (<i>Sponsored by Medtronics</i>) Long Acting Growth Hormone- An Indian Perspective (<i>Sponsored by Pfizer</i>)	Dr. Shaila Bhattacharyya Dr. Abishek Kulkarni Dr. Ahila Ayyavoo
06:15 pm - 07:30 pm	General Body Meet	
07:30 pm	Gala Dinner	

Day 3 - 16th November 2025

TIME	TOPIC	SPEAKER
08:00 am - 09:00 am	Poster Presentation Organizers - Dr. Nikhil Lohiya and Dr. Anshika Singh	
09:00 am - 10:00 am	Oral session / Papers Moderator: Dr. Deepa Anirudhan Judges: Dr. PSN Menon, Dr. M. Vijayakumar	
10:00 am - 10:30 am	Panel Discussion Approach to failure to thrive	Moderator: Dr. Dhivyalakshmi J Panelists: Dr. Nikhil Lohiya, Dr. Parvathy L, Dr. Diksha Shirodkar, Dr. Atul Gupta
10:30 am - 10:50 am 10:50 am - 11.10 am	Chairpersons: Dr. Rajesh Khadgawat, Dr. Akanksha Parikh Management of child born Small for Gestational Age Delayed Puberty	Dr. Rajni Sharma Dr. Anna Simon
11:10 am - 11:45 am	Panel Discussion Screening and diagnosis of congenital hypothyroidism	Moderator: Dr. Mahesh Maheshwari Panelist: Dr. Riaz I, Dr. Shaila Pachapure, Dr. Ruchi Shah, Dr. Hari Mangtani
11:45 am - 12:00 pm	Tea Break	
12:00 pm - 12:20 pm 12:20 pm - 12:40 pm 12:40 pm - 01:00 pm	Chairperson: Dr. Om Lakhani, Dr. Meena Kumari An update on evaluation and management of juvenile thyroid disorders Excellence with new generation Insulins: Advancing from Basal Bolus regimen (<i>Sponsored by Novo Nordisk</i>) Technology in Diabetes Management - A quick update	Dr. Subrata Dey Dr. Tushar Godbole Dr. Archana Arya
01:00 pm - 01:30 pm	Panel Discussion Tips for office management of Type 1 diabetes mellitus	Moderator: Dr. Kavitha Bhatt Panelists: Dr. Deepa Anirudhan, Dr. Anshika Singh, Dr. Lokesh Sharma, Dr. Akanksha Parikh
01:30 pm - 02:10 pm	Lunch Break	

Day 3 - 16th November 2025

TIME	TOPIC	SPEAKER
02:10 pm - 02:30 pm 02:30 pm - 02:50 pm 02:50 pm - 03:10 pm	Chairperson: Dr. Vijay Jaiswal, Dr. Vikas Mehrotra Childhood Obesity - What is new? Adolescent Menstrual disturbances Precocious Puberty - How to solve the puzzle?	Dr. Rajesh Khadgawat Dr. Preeti Dhabadghao Dr. Ravindrakumar
03:10 pm - 03:40 pm	Panel discussion: Common endocrine disorders encountered in NICU	Moderator: Dr. PSN Menon Panelist: Dr. Shalmi Mehta, Dr. Pavithra Nagaraj, Dr. Amarnath Kulkarni, Dr. Ruchi Parikh
03:40 pm - 04:00 pm 04:00 pm - 04:20 pm 04:20 pm - 04:40 pm	Chairpersons: Dr. Ayesha Ahmed & Dr. Arpita Bharguvanshi Management of Cushing Syndrome Screening a neonate for CAH - What should a paediatrician know? Short stature & Role of Growth Hormone (Sponsored by Cipla)	Dr. Vani H N Dr. Vijaya Sarathi Dr. Abhishek Kulkarni
04:40 pm	High Tea and Valedictory	

ORGANIZING COMMITTEE

Organizing Chairperson
Dr. Ahila Ayyavoo

Organizing Secretary
Dr. Hari Mangtani

ISPAE PET School
Convener
Dr. Shaila Bhattacharyya

ISPAE PET School
Co-Convener
Dr. Anurag Bajpai

SCIENTIFIC COMMITTEE

Dr. Vaman Khadilkar
Chair

Dr. Shaila Bhattacharyya

Dr. Sudha Rao

Dr. Anurag Bajpai

Dr. Hemchand Prasad

Dr. Rahul Jahagirdar

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Dr. Anshika Singh

Dr. Ashima Dabas

Dr. Dhivyalaxmi

Dr. Saurabh Uppal

Dr. Tushar Godbole

Dr. Zalak Upadhyay

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Dr. Anurag Bajpai
President

Dr. Ravindra Kumar
Secretary

Dr. Ahila Ayyavoo
Immediate Past President



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REGISTER**